Year	Life to the Full	Learning Outcomes	Additional Resources
Year R	*Module 2 Unit 3* *Safe inside and out*	Through an interactive story where children have to help Freddy Teddy stay safe in various situations, children will explore different ways they can stay safe outside, inside and inside themselves too. All this is underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe. Children will learn: • About safe and unsafe situations indoors and outdoors, including online. • That they can ask for help from their special people.	Clever Never Goes Pantosaurus - NSPCC Consent – storybooks Challenging stereotypes – story books
	My body, my rules	This session introduces children to the idea of bodily privacy (including the NSPCC PANTS message that 'privates are privates') and the importance of talking to their 'special people' if anything troubles them. This is all underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe. Children will learn: • To know they are entitled to bodily privacy • That they can and should be open with 'special people' they trust if anything troubles them • That there are different people we can trust for help, especially those closest to us who care for us, including our teachers.	
	Feeling Poorly	In this session, pupils will be introduced to the idea of medicines as drugs and learn how to be safe around them. Children will draw on their own experiences of feeling poorly and taking medicines, as well as input from an animated expert, Dr Datfa. This session is underpinned with the religious teaching that our bodies are a gift from God which we should take care of. Pupils will know that: • Medicines should only be taken when a parent or doctor gives them to us. • Medicines are not sweets. • We should always try to look after our bodies because God created them and gifted them to us.	
	People who help us	This session ties in with the EYFS 'People Who Help Us' topic, enabling pupils to identify those who help us in an emergency, including police, firefighters and paramedics. Children will learn what an emergency is and discuss which emergency service they might need in specific scenarios. Children will also discuss the principle of emergency and non-emergency First Aid. This teaching is underpinned by the religious understanding that we are created to love God and love others, and we should therefore look out and care for one another and the bodies we have been given. Pupils will know that: • There are lots of jobs designed to help us. • Paramedics help us in a medical emergency.	

		• First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance	
	Module 3 Unit 2 *You, me, us*	Extending their understanding of communities from Unit 1, this session helps children to understand the responsibilities they have to people, places and the planet now and increasingly as they get older. Children will learn: • That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community • That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc. • That we have a duty of care for others and for the world we live in (charity work, recycling, etc.) • About what harms and what improves the world in which they live	
Year 1 & 2	*Module 2 Unit 3* *Being Safe*	This session helps children to recognise safe and unsafe situations in real life and online. Through activities and the story of Smartie the Penguin, children will understand that being safe is not just about physical precautions, they *need to feel safe on the inside too.*	Clever Never Goes Circle Time Pantosaurus - NSPCC talk PANTS: PSHE resources Consent – role play Challenging stereotypes –role play
	Good Secrets and Bad Secrets	The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them; How to resist pressure when feeling unsafe.	
	Physical Contact	This session incorporates the PANTS resources from the NSPCC that teach children: 1. Privates are private. 2. Always remember your body belongs to you. 3. No means no. 4. Talk about secrets that upset you. 5. Speak up, someone can help. This is framed in the core belief that our bodies are made by God and given to us as wonderful gifts that deserve our and others respect.	
	Harmful Substances	In this session, pupils will relate their prior knowledge of medicines and the need to be safe around them to new learning about harmful substances. Children will receive input from an animated expert, Dr Datfa, on the harm substances such as alcohol and tobacco can have on our bodies. This session is underpinned with the religious teaching that our bodies are a gift from God which we should take care of.	
	Can you help me?	Underpinned by the religious understanding that we are created to love God and love others, and we should therefore look out for and care for one another, this session explores what makes a situation a 999 emergency and introduces children to the principles of basic First Aid through animated teaching, role play and discussions.	
Year 3 &	Module 2 Unit 3 *Sharing online*	Integrating the NSPCC Share Aware programme, this session introduces the digital world as one that children need to take steps to stay safe in, just like the real world. This session focuses on how quickly things can be shared	Clever Never Goes Circle Time

		around the world online, including photos, passwords and other personal information. Children will discuss how this can be damaging and dangerous, and will learn steps they can use to keep themselves safe. Children will learn: • To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; • How to use technology safely; • That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; • How to report and get help if they encounter inappropriate materials or messages.	Pantosaurus - NSPCC talk PANTS: PSHE resources **Be Careful What You Share – Share Checklist** UN - Take care before you share **39- Right to help if you have been hurt neglected or badly treated.** How can bullying affect a class? How can someone who is hurt get help? What can we do to stop and prevent bullying? Prevent (Education against hate website and videos on BBC teach covering hate crime, disabilities and racism)
	Chatting online	Integrating the NSPCC Share Aware programme, this session continues discussing steps children need to take to stay safe online. This session focuses particularly on chatting and cyberbullying; it helps children to know how they can report and get help if they encounter inappropriate messages or material. Children will learn: • How to use technology safely; • That bad language and bad behaviour are inappropriate; • That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; • How to report and get help if they encounter inappropriate materials or messages.	
	Safe in my body	This session follows on from the previous two internet safety sessions, by moving into the real world and considering what physical contact is appropriate and inappropriate. Children will be introduced to the term 'abuse' and discuss different kinds of abuse, including sexual abuse, here referred to as 'abuse of private parts'. Children will be asked to think of trusted adults that they can talk to about any issues they may face. Children will learn: • To judge well what kind of physical contact is acceptable or unacceptable and how to respond; • That there are different people we can trust for help, especially those closest to us who care for us.	

			Challenging Stereotypes – Mentally Healthy Schools
	Drugs, Alcohol and Tobacco	In this session, pupils will learn some key information and facts about drugs, alcohol and tobacco, with input from animated expert Dr Datfa. The teaching is underpinned with the religious understanding that consuming these substances is harmful to our bodies, and therefore God's creation. Pupils will consider a range of scenarios in order to learn about making the right choices when it comes to substances. Pupils will know that: • Medicines are drugs, but not all drugs are good for us. • Alcohol and tobacco are harmful substances. • Our bodies are created by God, so we should take care of them and be careful about what we consume.	Smoke-Free ME Describe what is meant by second-hand smoke Explain the dangers of second-hand smoke to their health
	First Aid Heroes	In this session, pupils will learn how First Aid, quick reactions and staying calm during an emergency can make the difference between life and death. Pupils will role play some 'Pride of Britain' style scenarios in which children save lives, with Dr Datfa featuring as host. Children will learn that they don't need to feel daunted, because God holds us up and gives us strength. Pupils will know that: • In an emergency, it is important to remain calm. • Quick reactions in an emergency can save a life. • Children can help in an emergency using their First Aid knowledge.	
Year 5 & 6	Module 2 Unit 3 *Sharing isn't always caring*	Continuing from the NSPCC resources used in LKS2, this session presents the digital world as one that children need to take steps to stay safe in, just like the real world. This session focuses children making safe and sensible decisions about what content to share or not share, including photos, passwords and other personal information. Children will discuss how this can be damaging and dangerous, and will rules to remember to keep themselves safe. Children will learn: • To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. • How to use technology safely. • That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others. • How to report and get help if they encounter inappropriate materials or messages.	Gender pressures: Gender detectives Sexualised online bullying PREVENT: Gender stereotyping in the media Stay Afloat – Hampshire

	Cyberbullying	Building on the NSPCC Share Aware programme which pupils covered in Lower Key Stage 2, this session investigates cyberbullying. It explores how children can chat safely, the impact cyberbullying can have, and what behaviour is acceptable and unacceptable online. Children will also learn how they can report and get help if they encounter inappropriate messages or material. Children will learn: • What the term cyberbullying means and examples of it; • What cyberbullying feels like for the victim; • How to get help if they experience cyberbullying.	
	Types of Abuse	This session follows on from the previous two internet safety sessions, by moving into the real world and considering what physical contact is appropriate and inappropriate. Children will be introduced to the term 'abuse' and discuss the different kinds of abuse, including sexual. Children will be asked to think of trusted adults that they can talk to about any issues they may face. Children will learn: • To judge well what kind of physical contact is acceptable or unacceptable and how to respond. • That there are different people we can trust for help, especially those closest to us who care for us, including parents and teachers.	
	Impacted Lifestyles	The first of two UKS2 sessions on drugs, alcohol and tobacco, pupils will build on their existing knowledge through learning facts and taking part in activities to demonstrate how using these substances can impact on people's lifestyles and inhibit the body's natural functioning. The teaching of this session is underpinned with the religious understanding that consuming these substances is harmful to our bodies, and therefore God's creation. Pupils will: • Understand the effect that a range of substances including drugs, tobacco and alcohol can have on the body. • Learn how to make good choices about substances that will have a positive impact on their health. • Know that our bodies are created by God, so we should take care of them and be careful about what we consume.	Smoke-Free ME Describe where second hand smoke can be found Explain the dangers of second hand smoke to children's health
	Making Good Choices	In this second UKS2 session on drugs, alcohol and tobacco, pupils will consider scenarios where people feel pressured to use them. Children will be encouraged to use their scientific knowledge and religious understanding to cope with pressured situations and make good choices. The teaching is underpinned with the religious understanding that consuming harmful substances is harmful to our bodies, and therefore God's creation. Pupils will: • Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco • Learn that they are entitled to say "no" for all sorts of reasons, but not least in order to protect their God-given bodies	

	Giving Assistance	The animated Dr Datfa features to equip children with some basic First Aid knowledge, including the recovery position and DR ABC. This involves children practising/re-enacting scenarios, so you might want to clear tables and chairs or use the hall for this session. This is underpinned with the religious teaching that God created us to love Him and to love others, so we should look out for and care for one another. Pupils will learn that: • The recovery position can be used when a person is unconscious but breathing. • DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance.	
Puberty and Sex Education		Year 5: Lessons covering the physical and emotional changes that occur during puberty for boys and girls, including menstruation. Module 1 Unit 2 (LKS2): What is puberty?, changing bodies Module 1 Unit 2 (UKS2): Girls' Bodies, Boys' Bodies Module 1 Unit 4: Menstruation Year 6: A revision of the Year 5 content plus basic scientific facts about sexual intercourse between a man and woman and the physical, emotional, moral and spiritual implications of sexual intercourse. Module 1 Unit 2 (UKS2): Girls' Bodies, Boys' Bodies Module 1 Unit 4: Menstruation, Making Babies parts 1 & 2 **Parents have the right to withdraw their child from lessons about sexual intercourse. Please arrange to discuss this decision with Mrs Whatley in advance.** **Before this content is taught, a parent information evening will be held during which parents can view the teaching materials and staff will answer any questions which may arise.**	

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