RHSE AND SAFEGUARDING CURRICULUM LONG TERM PLAN

St. John the Baptist Catholic Primary School

Mission Statement

Together,
Through our words and actions, our work and play,
We point towards Christ, each and every day

RHSE & Safeguarding Curriculum Long Term Plan

Relationships Education using 'Life to the Full' Ten Ten Resources

https://www.tentenresources.co.uk

		Autumn		Spring		Summer	
		Created and Loved by God		Created to Love Others		Created to Live in Community	
Year R	RHSE	**Me, My Body, My Health**	**Emotional Wellbeing** **Life Cycles**	**Personal Relationships**	**Life Online** **Keeping Safe**	**Religious Understanding**	**Living in the Wider World**
		Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* EYFS - M1 U1 Handmade with Love EYFS - M1 U2 I am Me Heads, Shoulders, Knees and Toes Ready Teddy?	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* EYFS - M1 U3 I like, you like, we all like All the Feelings Let's get real EYFS - M1 U4 Growing up	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* EYFS – M2 U1 Role Model EYFS – M2 U2 Who's who? You've got a friend in me Forever Friend	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* EYFS – M2 U3 What is the internet? Playing online EYFS – M2 U4 Safe inside and out My body, my rules Feeling poorly People who help us	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* EYFS – M3 U1 God is love Loving God, loving others	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* EYFS – M3 U1 Me, You, Us
	Safeguarding Curriculum	Inclusion - share storybook Dog Safety (Oct) Anti – Bullying Week (Nov) Clever Never Goes – initial teaching Pantosaurus – initial teaching Prevent Circle Time – trusted adults at school and home		Consent – share storybook Internet Safety Day (Feb) Clever Never Goes - refresh Pantosaurus/NSPCC Day - refresh 999 = https://www.bbc.co.uk/cbbc/watch/op-ouch-999-call-handlers 999 Emergency clip		Challenging stereotypes –share storybook Sun Safety (July) Clever Never Goes - refresh Pantosaurus - refresh https://undressed.lgfl.net/ - initial teaching 999 = https://www.bbc.co.uk/cbbc/watch/op-ouch-999-call-handlers	

	CST	Knowing we are created and loved by God helps us to value ourselves and others. This forms the foundation for building positive personal relationships and treating everyone with kindness and respect.		Understanding that they are created to love others helps them learn how to build healthy relationships and be supportive members of their community. This includes: **Family Relationships**: Learning to show love and care within their family. **Friendships**: Developing positive and supportive friendships. **Community Involvement**: Participating in group activities and understanding the importance of working together. **Online Safety**: Learning how to interact safely and respectfully online.		We are one human family, regardless of our differences, and that we are called to support and care for one another. It teaches that we should work for the common good and help those in need. **Serve Others**: Engage in acts of kindness and service, such as helping a friend or participating in community activities. **Dialogue**: Communicate respectfully with others, listen to different perspectives, and work together to solve problems. **Work for the Common Good**: Participate in activities that benefit everyone, like group projects or community events. **Understand Careers and Money**: Begin to learn about different jobs and the importance of using money wisely, underpinned by the belief that our true purpose and value come from God	
Year 1 & Year	RHSE	**Me, My Body, My Health**	**Emotional Wellbeing** **Life Cycles**	**Personal Relationships**	**Keeping Safe**	**Religious Understanding**	**Living in the Wider World**

2		Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* KS1 - M1 U1 Let the Children Come KS1 - M1 U2 I am unique Girls & Boys (Genitalia) Clean & Healthy	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* KS1 - M1 U3 Feelings, likes, dislikes Feelings inside out Super Susie gets angry KS1 - M1 U4 The Cycle of Life Beginnings and Endings (Bereavement)	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* KS1 - M2 U1 God loves you KS1 - M2 U2 Special People Treat others well… …and say sorry	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* KS1 - M2 U3 Real Life Online Rules to help us KS1 - M2 U4 Good secrets & Bad secrets Physical contact Harmful substances Can you help me?	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* KS1 - M3 U1 Three in one Who is my neighbour?	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* KS1 - M3 U2 The Community we live in
	Safeguarding Curriculum	Dog Safety (Oct) Anti-bullying Week (Nov) Clever Never Goes- initial teaching Pantosaurus – initial teaching https://undressed.lgfl.net/ - initial teaching Consent – share storybook Prevent Circle Time – trusted adults 999 Emergency clip		Safer Internet Day (Feb) Clever Never Goes- circle time refresh Pantosaurus/NSPCC Day – refresh https://undressed.lgfl.net/ - refresh Challenging stereotypes –share storybook Circle Time Smartie the Penguin (Childnet)		Clever Never Goes – Circle time refresh Pantosaurus – refresh Sun Safety (July) https://undressed.lgfl.net/ - refresh Rail Safety: https://nrwessex.co.uk/communitysafety/	
	CST	Every person is precious and people are more important than things. We are all created by God out of love and for love, and therefore, each person deserves respect and care, understanding that we are created and loved by God helps us to value ourselves and others. This forms the foundation for building positive personal relationships and treating everyone with kindness and respect		Understanding that they are created to love others helps them learn how to build healthy relationships and be supportive members of their community. This includes: **Family Relationships**: Learning to show love and care within their family. **Friendships**: Developing positive and supportive friendships. **Community Involvement**: Participating in group activities and understanding the importance of working together. **Online Safety**: Learning how to		We are one human family, regardless of our differences, and that we are called to support and care for one another. It teaches that we should work for the common good and help those in need. **Serve Others**: Engage in acts of kindness and service, such as helping a friend or participating in community activities. **Dialogue**: Communicate respectfully with others, listen to different perspectives, and work together to solve problems. **Work for the**	

				interact safely and respectfully online.		**Common Good**: Participate in activities that benefit everyone, like group projects or community events. **Understand Careers and Money**: Begin to learn about different jobs and the importance of using money wisely, underpinned by the belief that our true purpose and value come from God	
Year 3 & Year 4	RHSE	**Me, My Body, My Health**	**Emotional Wellbeing** **Life Cycles**	**Role Model** **Personal Relationships**	**Keeping Safe**	**God is Love** **Loving God, loving others**	**Me, You, Us**
		Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>LKS2 - M1 U1</u> Get up! The sacraments <u>LKS2 - M1 U1</u> We don't have to be the same Respecting our bodies Year 4 only… What is puberty? Changing Bodies	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>LKS2 - M1 U3</u> What am I feeling? What am I looking at? I am thankful! <u>Sessions:</u> Life Cycles A Time for Everything (Bereavement)	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>LKS2 – M2 U1</u> Jesus, my friend <u>LKS2 – M2 U2</u> Friends, family and others When things feel bad	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>LKS2 – M2 U3</u> Sharing online Chatting online <u>LKS2 – M2 U4</u> Safe in my body Drugs, alcohol, tobacco First Aid heroes	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>LKS2 – M3 U1</u> A community of love What is church?	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>LKS2 – M3 U2</u> How do I love others?

	Safeguarding Curriculum	Clever Never Goes – initial teaching St John's Ambulance Module https://undressed.lgfl.net/ - initial teaching Dog Safety (Oct)	**PREVENT:** • UN - Take care before you share • **Interland** (*Reality River*) (Google) covered in E-Safety (Computing). Pantosaurus – initial teaching Anti-bullying Week (Nov)	**Anna Freud Challenging Stereotypes/ discrimination:** https://www.teachprimary.com/learning_resources/view/pshe-lesson-plan-challenging-stereotypesRealise consequences of their actions & try to see things from another's point of view. Care about others, appreciating diversity. Understand differences & similarities between people arise from several factors. Begin to recognise the influence of cultural, ethnic, racial and religious diversity. https://undressed.lgfl.net/ - refresh NSPCC Day Safer Internet Day (Feb)	Plus: Smoke-Free Me resources **PREVENT** Literacy Trust resources Critical questions (Through Guided Reading - discussing and inferring characters feelings and looking at **fact** and **opinion.** + Prevent (Education against hate website and videos on BBC teach about hate crime, disabilities and racism)	Clever Never Goes - refresh https://undressed.lgfl.net/ - refresh	**PREVENT:** • Share Checklist (Also covered in Autumn term through E-Safety. *Interland*) • UN - Take care before you share www.mentallyhealthyschools. Org.uk/resources. challenging stereotypes Sun Safety (July) Rail Safety: https://nrwessex.co.uk/communitysafety/
	CST	Every person is precious and people are more important than things. We are all created by God out of love and for love, and therefore, each person deserves respect and care, understanding that we are created and loved by God helps us to value ourselves and others. This forms the foundation for building positive personal	Understanding that they are created to love others helps them learn how to build healthy relationships and be supportive members of their community. This includes: **Family Relationships**: Learning to show love and care within their family. **Friendships**: Developing positive and supportive friendships.	We are one human family, regardless of our differences, and that we are called to support and care for one another. It teaches that we should work for the common good and help those in need. **Serve Others**: Engage in acts of kindness and service, such as helping a friend or			

		relationships and treating everyone with kindness and respect		**Community Involvement**: Participating in group activities and understanding the importance of working together. **Online Safety**: Learning how to interact safely and respectfully online.		participating in community activities. **Dialogue**: Communicate respectfully with others, listen to different perspectives, and work together to solve problems. **Work for the Common Good**: Participate in activities that benefit everyone, like group projects or community events. **Understand Careers and Money**: Begin to learn about different jobs and the importance of using money wisely, underpinned by the belief that our true purpose and value come from God	
Year 5 & Year 6	RHSE	**Me, My Body, My Health**	**Emotional Wellbeing** **Life Cycles**	**Personal Relationships**	**Life Online** **Keeping Safe**	**Religious Understanding**	**Living in the Wider World** **Human Reproduction (Y6)**
		Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>UKS2 – M1 U1</u> Calming the storm <u>UKS2 – M1 U2</u> Gifts and Talents Girls' Bodies Boys' Bodies Spots and Sleep	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>UKS2 – M1 U3</u> Body Image Peculiar Feelings Emotional Change Seeing stuff online <u>UKS2 – M1 U4</u> A Time for Everything (Bereavement)	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>UKS2 – M2 U1</u> Is God calling you? <u>UKS2 – M2 U2</u> Under pressure Do you want a piece of cake? Self-talk Build up others	Cold Task: Unit Prayer Assessment Activity *(at the start of every unit of learning)* <u>UKS2 – M2 U3</u> Sharing isn't always caring Cyberbullying <u>UKS2 – M2 U4</u> Types of abuse Impacted lifestyles Making good choices Giving assistance	<u>UKS2 – M3 U1</u> The Holy Trinity Catholic Social Teaching	<u>UKS2 – M3 U2</u> Reaching out <u>UKS2 – M1 U4</u> Menstruation Making Babies – pt 1 (Y6) Making Babies – pt 2 (Y6)

	Safeguarding Curriculum	Keeping Safe – NSPCC https://natwest.mymoneysense.com/teachers/resources-8-12s/topic-5-how-can-i-plan-a-simple-budget/ https://undressed.lgfl.net/ - initial teaching Dog Safety (Oct)	St John's Ambulance Module Anti-bullying week (Nov) PREVENT: Online safety : Hate crime and racism https://www.lbhf.gov.uk/children-and-young-people/schools-and-colleges/school-staff-zone/prevent-and-schools/prevent-and-schools-resources-and-lesson-plans	Clever Never Goes – initial teaching https://undressed.lgfl.net/ - refresh Safer Internet Day (Feb) NCPCC Day	Smoke-Free Me resources Gender pressures: Gender detectives Sexualised online bullying: https://www.childnet.com/resources/just-a-joke	PREVENT: Gender stereotyping in the media https://www.lbhf.gov.uk/children-and-young-people/schools-and-colleges/school-staff-zone/prevent-and-schools/prevent-and-schools-resources-and-lesson-plans https://undressed.lgfl.net/ - refresh Train Line Dangers	**PREVENT:** • Share Checklist (Also covered in Autumn term through E-Safety. *Interland*) • UN - Take care before you share www.mentallyhealthyschools. Org.uk/resources. challenging stereotypes Sun Safety (July) Rail Safety: https://nrwessex.co.uk/communitysafety/ and Y6 presentation
	CST	Every person is precious and people are more important than things. We are all created by God out of love and for love, and therefore, each person deserves respect and care, understanding that we are created and loved by God helps us to value ourselves and others. This forms the foundation for building positive personal relationships and treating everyone with kindness and respect		Understanding that they are created to love others helps them learn how to build healthy relationships and be supportive members of their community. This includes: **Family Relationships**: Learning to show love and care within their family. **Friendships**: Developing positive and supportive friendships. **Community Involvement**: Participating in group activities and understanding the importance of working together. **Online Safety**: Learning how to interact safely and respectfully online.		We are one human family, regardless of our differences, and that we are called to support and care for one another. It teaches that we should work for the common good and help those in need. **Serve Others**: Engage in acts of kindness and service, such as helping a friend or participating in community activities. **Dialogue**: Communicate respectfully with others, listen to different perspectives, and work together to solve problems. **Work for the Common Good**: Participate in activities that benefit everyone, like group projects or community events. **Understand Careers and Money**: Begin to learn about different jobs and the importance of using money wisely,	

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Parent Portal:

https://www.tentenresources.co.uk/parent-portal Username: st-johnb-sp10 Password: floral-10

KS1 Books:

We've Got Talent – Gender Stereotypes https://www.amazon.co.uk/Weve-Got-Talent-Hannah-Whitty/dp/1471175154

A Little Bit Different – Inclusive https://www.amazon.co.uk/Little-Bit-Different-Ploofers/dp/0711245479/ref=sr_1_1?keywords=A+Little+Bit+Different&qid=1638637968&s=books&sr=1-1

Love Makes a Family- Families/LGBTQ + https://www.amazon.co.uk/Love-Makes-Family-Sophie-Beer/dp/1838910670/ref=sr_1_1?keywords=Love+Makes+a+Family&qid=1638638009&s=books&sr=1-1

Unicorns Don't Love Rainbows – Inclusive https://www.amazon.co.uk/Unicorns-Dont-Love-Rainbows-PB/dp/0702303917/ref=sr_1_1?keywords=Unicorns+Don%E2%80%99t+Love+Rainbows&qid=1638638054&s=books&sr=1-1

Don't Touch My Hair – Consent https://www.amazon.co.uk/Dont-Touch-Hair-Sharee-Miller/dp/0316562572/ref=sr_1_2?keywords=Don%E2%80%99t+Touch+My+Hair&qid=1638638085&s=books&sr=1-2

Perfectly Norman https://www.amazon.co.uk/Perfectly-Norman-Tom-Percival/dp/1408880970/ref=sr_1_1?keywords=Perfectly+Norman&qid=1638638130&s=books&sr=1-1

All are Welcome – Inclusive https://www.amazon.co.uk/All-Are-Welcome-Alexandra-Penfold/dp/1526604078/ref=sr_1_1?keywords=All+are+Welcome&qid=1638638159&s=books&sr=1-1

Izzy Gizzimo – Gender/ Cultural stereotype https://www.amazon.co.uk/Izzy-Gizmo-Pip-Jones/dp/0857075136/ref=sr_1_1?keywords=izzy+gizmo&qid=1638638191&s=books&sr=1-1

Don't Hug Doug – Consent https://www.amazon.co.uk/Dont-Hug-Doug-Doesnt-Like/dp/0241527570/ref=sr_1_1?keywords=Don%E2%80%99t+Hug+Doug&qid=1638638227&s=books&sr=1-1

My Personal Space Invader- Consent