



Relationships Education | Autumn Term 2019

Year	Life to the Full	Learning Outcomes	Other units
Year 1	Module 1 Unit 1 <i>Handmade with Love</i>	We are created individually by God; God wants us to talk to Him often through the day and treat Him as our best friend; God has created us, his children, to know, love and serve Him in this life and forever - this is our purpose and goal and will bring us true happiness;	What to do in an emergency - calling 999.
	Module 2 Unit 1 <i>God loves you</i>	We are part of God's family; Saying sorry is important and can mend friendships; Jesus cared for others and had expectations of them and how they should act; We should love other people in the same way God loves us.	
Year 2	Module 1 Unit 1 <i>Handmade with love</i>	As Year 1	What to do in an emergency - calling 999.
	Module 1 Unit 4 <i>The Cycle of Life</i>	They will be able to describe the stages of the human life cycle from birth to old age; Children will take part in activities about their own development so far.	
Year 3	Module 1 Unit 1 <i>Designed for a purpose</i>	We are created individually by God who is Love, designed in His own image and likeness; God made us with the desire to be loved and to love and 'to make a difference': each of us has a specific purpose (vocation); Every human life is precious from the beginning of life (conception) to natural death; Personal and communal prayer and worship are necessary ways of growing in our relationship with God; In Baptism God makes us His adopted children and 'receivers' of His love; by receiving the Sacrament of Reconciliation, we develop good habits (grow in human virtue); It is important to make a nightly examination of conscience.	St John's Ambulance Unit - Bites and Stings; Fainting
	Module 2 Unit 1 <i>Jesus, My friend</i>	That Jesus loves, embraces, guides, forgives and reconciles us with him and one another; The importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness; That relationships take time and effort to sustain; We reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness.	
Year 4	Module 2 Unit 2 <i>Friends, Family</i>	Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong; That there are different types of relationships including those between acquaintances, friends, relatives and family; That good friendship is when both persons enjoy each other's company and also want what is truly best for the other;	St John's Ambulance Unit - Burns and



	<i>and others</i> <i>When things feel bad</i>	The difference between a group of friends and a 'clique'. Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying; Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.	Scolds; Coping in an emergency
	Module 2 Unit 3 <i>Sharing Online</i> <i>Chatting Online</i> <i>Physical Contact</i>	To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages. That bad language and bad behaviour are inappropriate; To judge well what kind of physical contact is acceptable or unacceptable and how to respond; That there are different people we can trust for help, especially those closest to us who care for us.	
Year 5	Module 1 Unit 1 <i>Made to Grow</i>	Physically becoming an adult is a natural phase of life. Lots of changes will happen when growing up, and sometimes it might feel confusing, but it is all part of God's great plan and the results will be worth it! We are made to love and be loved.	St John's Ambulance Unit - Asthma; Minor Bleeding
	Module 2 Unit 2 <i>Under Pressure</i> <i>Do you want a piece of cake?</i> <i>Self Talk</i>	Pressure comes in different forms, and what those different forms are; There are strategies that we can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions and develop strategies that will positively impact their actions; Apply this approach to personal friendships and relationships.	
Year 6	Module 1 Unit 1 <i>Made to Grow</i>	As Year 5	St John's Ambulance Unit - Head Injuries; Coping in an emergency
	Module 1 Unit 1 <i>Gifts and Talents</i>	Similarities and differences between people arise as they grow and mature, and that by living and working together ('teamwork') we create community; Self-confidence arises from being loved by God (not status, etc.).	